## Sanjeevani Multipurpose Foundation's Dr. Deepak Patil Ayurvedic Medical College & Research Center



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• Affiliated to Maharashtra University Of Health Sciences, Nashik •

Day:01/10/2022

## 7th Ayurveda Day 2022.

Ayurveda Aahar (Grains, millets/Rules)

## Jan Bhagidari

## **Report**



To observe the 7<sup>th</sup> Ayurveda Day 2022, Ayurveda Aahar (Grains, millets/Rules) -Jan Bhagidari, our Institute -Dr. Deepak Patil Ayurvedic Medical College and Research Centre, Borpadale Conducted an awareness programme at college Hospital.

Dr. Sameer Jamadar, Assistant Professor, Dept. of Samhita Siddhant, conducted an awareness lecture and interactive session with patients, their relatives and localites regarding Ayurveda Aahar Concept, its importance in preventive and curative role of Ayurveda, Dinacharya and Rutucharya. People were highly benefited by this session and Dr. Jamadar answered their queries. Gathered public was satisfied by the guidance.

Date:- 01/10/2022

Place:- Sanjeevani Ayurvedic Hospital, Borpadale



















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Principal Dr. Deepak Patil Ayurvedic Medical College & Research Center, Borpadale Phata, Tal. Panhala, Dist. Kolhapur-416 213